2016 Class Schedule - American Red Cross YOUTH Aquatic Program

CITY OF ANOKA AQUATIC CENTER

Class Name Swim Level		EVENING MON & WED OR TUES & THUR Meets 2 days per week for 4 weeks		MORNING MON - THUR Meets 4 days per week for 2 weeks			EVENING MON & WED OR TUES & THUR Meets 2 days per week for 4 weeks		MORNINGS MON - THUR 4 days/wk 2wks
		Session A M/W June 13 – July 6	**Session B T/Th** June 14 – July 7	**Session C** June 20 – 30	**Session D** July 11 - 21	**Session E** July 25 – Aug 4	**Session F M/W** July 25 – Aug 17	**Session G T/Th** July 26 – Aug 13	**Session H** Aug 8 - 18
Parent & Child Level 1 & 2		7:00 – 7:30pm	7:00 – 7:30pm	11:15 - 11:45am	10:25 – 10:55am	11:15 – 11:45am	7:00 – 7:30pm	7:05 – 7:35pm	*Not offered*
Pre-School Aquatics (Youth about 4 – 5 yrs old)	**Tadpole** Level 1	6:25 – 6:55pm 7:00 – 7:30pm[2]	6:25 – 6:55pm 7:00 – 7:30pm 7:35 – 8:05am	8:25 - 8:55am 9:00 – 9:30am 10:25 – 10:55am 11:15 – 11:45am	8:25 - 8:55am 9:00 – 9:30am 10:25 – 10:55am 11:15 – 11:45am	8:25 – 8:55am 9:00 – 9:30am 10:25 – 10:55am 11:15 – 11:45am	6:25 – 6:55pm 7:00 – 7:30pm	6:30 – 7:00pm 7:05 – 7:35pm	9:00 – 9:30am 10:25 – 10:55am 11:15 – 11:45am
	Torpedo Level 2	6:25 – 6:55pm 7:00 – 7:30pm	6:25 – 6:55pm 7:00 – 7:30pm	8:25 - 8:55am 9:00 – 9:30am 9:50 – 10:20am 11:15 – 11:45am	8:25 – 8:55am 9:00 – 9:30am 9:50 – 10:20am 11:15 – 11:45am	8:25 – 8:55am 9:00 – 9:30am 9:50 – 10:20am 10:25 – 10:55am	6:25 – 6:55pm[2] 7:35 – 8:05pm	6:30 – 7:00pm 7:05 – 7:35pm[2]	9:50 – 10:20am 10:25 – 10:55am 11:15 – 11:45am
	Titan Level 3	6:25 – 6:55pm	7:00 – 7:30pm	9:50 – 10:20am	9:50 – 10:20am	9:50 – 10:20am	6:25 – 6:55pm 7:35 – 8:05pm	6:30 – 7:00pm	8:25 – 8:55am 9:50 – 10:20am
Learn to Swim Levels (Youth about 6 – 14 yrs old)	**Level 1** Intro to Water Skills	7:00 – 7:30pm 7:35 – 8:05pm	6:25 – 6:55pm 7:00 – 7:30pm	9:50 – 10:20am 10:25 – 10:55am[2]	9:50 - 10:20am 10:25 – 10:55am 11:15 – 11:45am	9:50 – 10:20am 10:25 – 10:55am 11:15 – 11:45am	7:00 – 7:30pm 7:35 – 8:05pm	6:30 – 7:00pm 7:05 – 7:35pm	9:50 - 10:20am 10:25 – 10:55am 11:15 – 11:45am
	Level 2 Fundamental Skills	7:35 – 8:20pm[2]	7:00 – 7:45pm 7:35 – 8:20pm	8:10 – 8:55am 9:00 – 9:45am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	8:45 – 9:30am 9:00 – 9:45am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	8:45 – 9:30am 9:00 – 9:45am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	7:00 – 7:45pm 7:50 – 8:35pm	7:40 – 8:25pm[2]	8:45 – 9:30am 9:00 – 9:45am 10:25 – 11:10am 11:00 – 11:45am
	Level 3 Stroke Development	7:35 – 8:20pm	7:35 – 8:20pm 7:50 – 8:35pm	8:45 - 9:30am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	8:10 – 8:55am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	9:00 – 9:45am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am	7:00 – 7:45pm	7:40 – 8:25pm[2]	8:10 – 8:55am 9:00 – 9:45am 9:35 – 10:20am 10:25 – 11:10am 11:00 – 11:45am
	Level 4 Stroke Improvement	7:00 – 7:45pm	7:35 – 8:20pm	9:00 – 9:45am 9:35 – 10:20am 11:00 – 11:45am	8:10 – 8:55am 9:00 – 9:45am 9:35 – 10:20am	8:10 – 8:55am 9:00 – 9:45am 11:00 – 11:45am	7:50 – 8:35pm	7:40 – 8:25pm	9:00 – 9:45am 9:35 - 10:20am 11:00 – 11:45am
	Level 5 Stroke Refinement	7:50 – 8:35pm	7:35 – 8:20pm	9:00 – 9:45am 10:25 – 11:10am	9:00 - 9:45am 10:25 – 11:10am	8:10 – 8:55am 10:25 – 11:10am	7:00 – 7:45pm	6:50 – 7:35pm	8:45 -- 9:30am 10:25 – 11:10am
	Level 6 Skill Proficiency	7:35 – 8:20pm Fitness Swimmer	8:10 – 8:55pm Diving	8:10 - 8:55am Fitness Swimmer	11:00 – 11:45am Diving	9:35 – 10:20am Fitness Swimmer	7:50 – 8:35pm Diving	7:40 – 8:25pm Fitness Swimmer	8:10 – 8:55am Fitness Swimmer 9:25 – 10:20am Diving